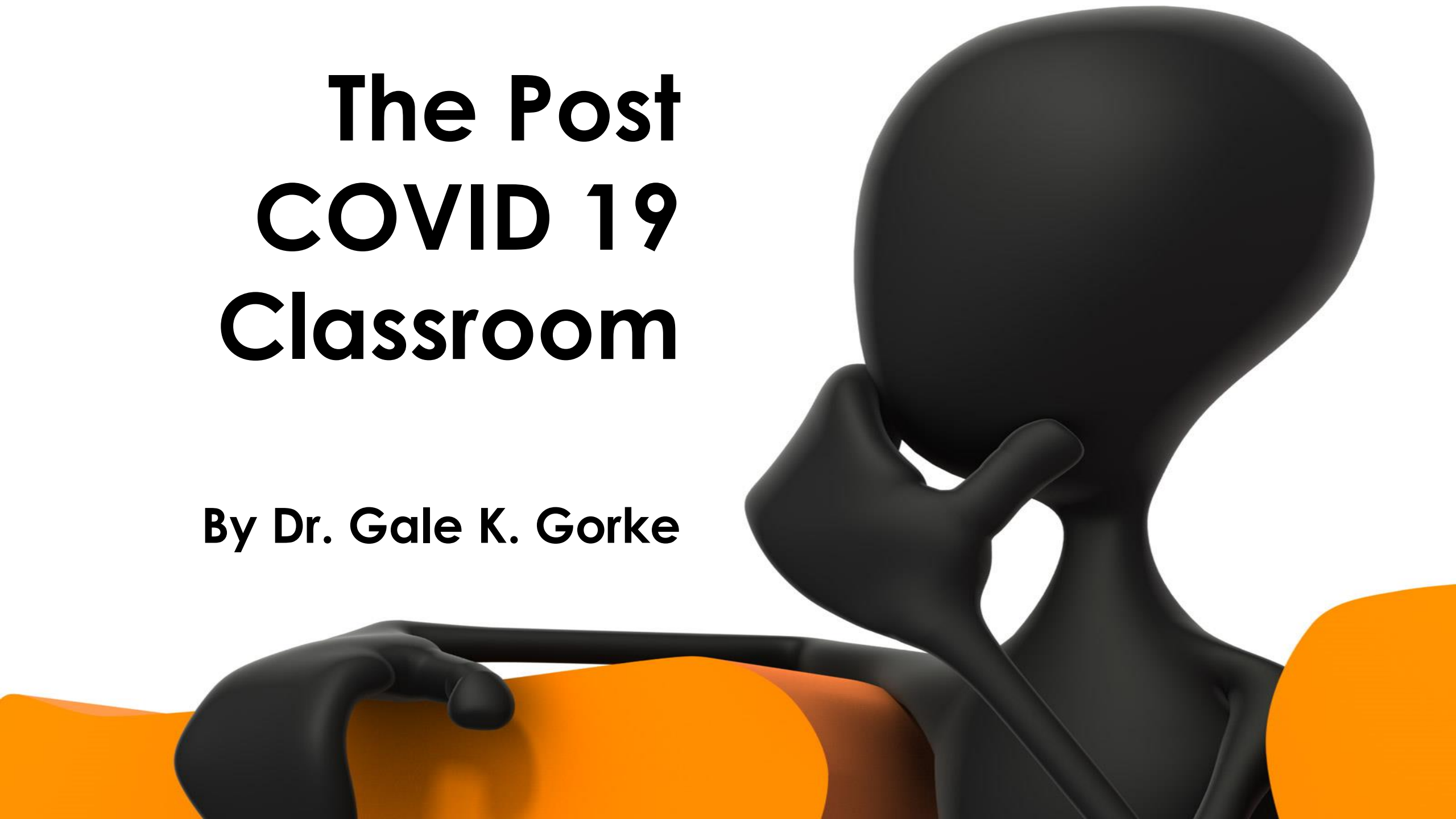


# **The Post COVID 19 Classroom**

**By Dr. Gale K. Gorke**





# The Most Important Lessons





**Perception  
is reality.**



# Possibility

*“We live in a  
world of  
possibilities*

*... when we  
believe it, we’ll  
see it.”*

*Dewitt Jones*



# Diversity

- **Acknowledge that it is our differences that make us strong.**
- **Celebrate, don't just tolerate.**
- **Look for ways to work cooperatively with others.**



# Connectedness

- **Acknowledge your strengths and accommodate your weaknesses.**
- **Be responsible for both your actions and your influence.**
- **Acknowledge the success of others as though it was your own.**





# Resilience

- **Choose an attitude that focuses on the positive.**
- **Believe that you can and will find a solution.**
- **Remember that failure leads to success because it teaches us what not to do.**

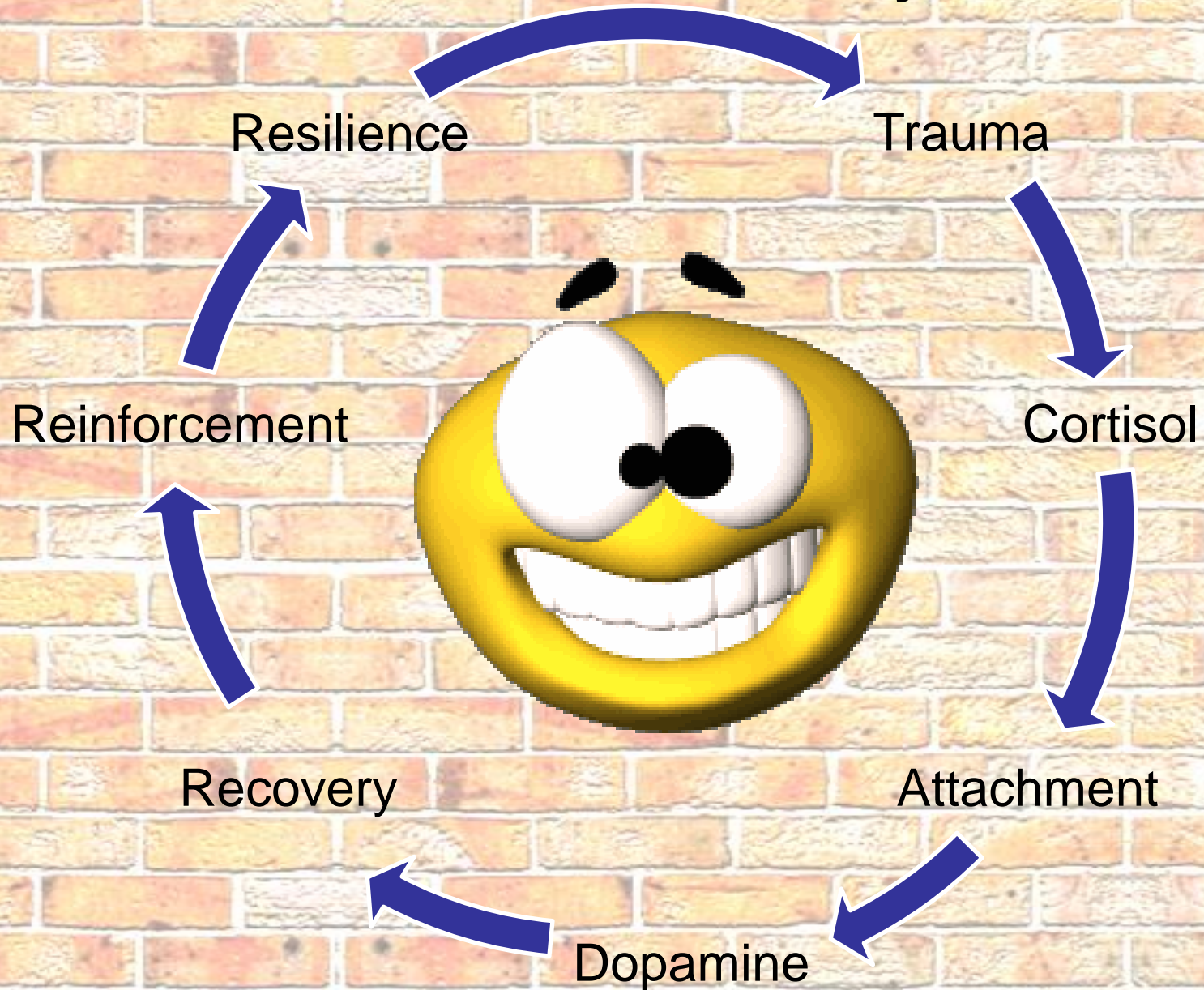


**Stressed  
Out!**



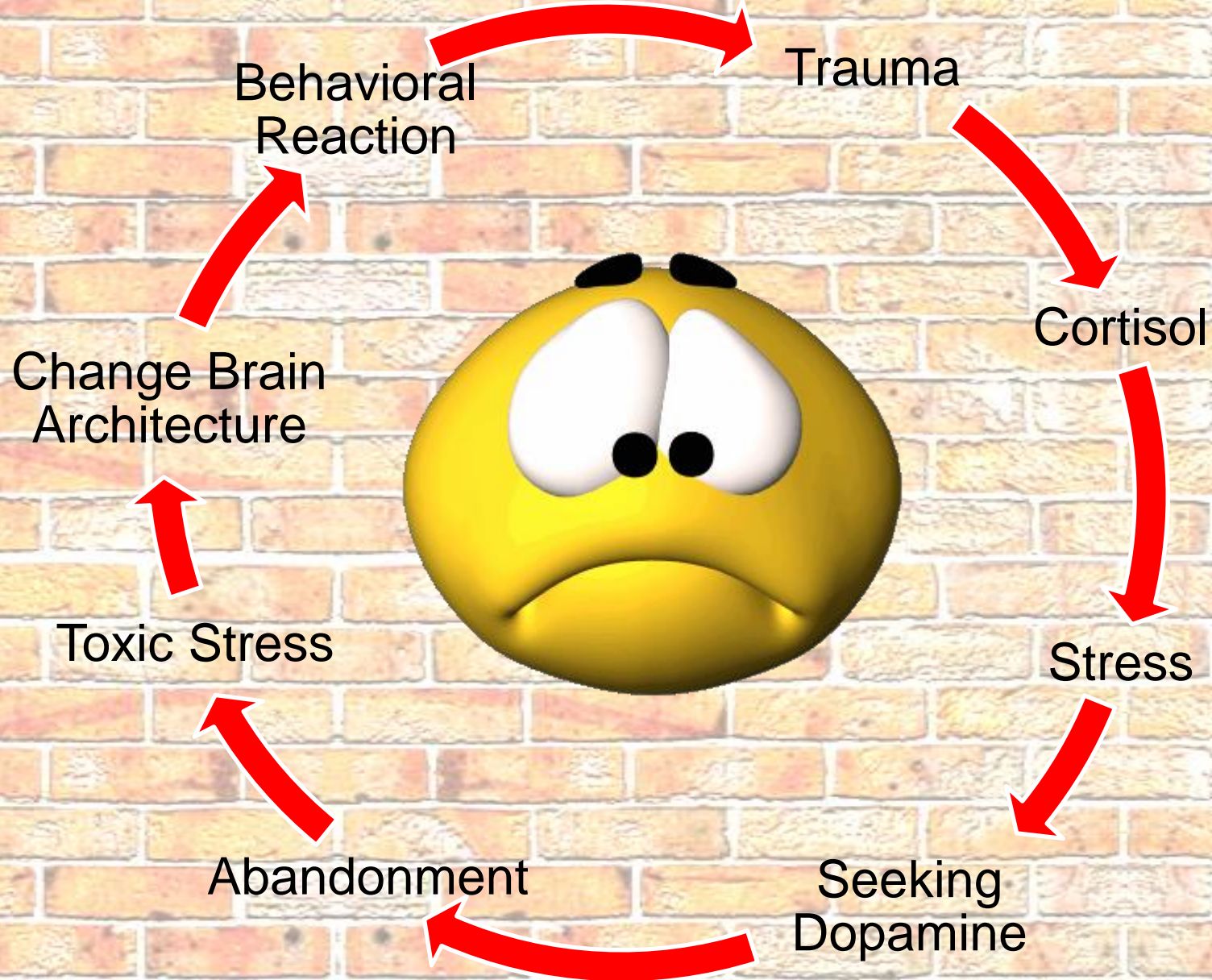


# The Positive Cycle





# The Negative Cycle

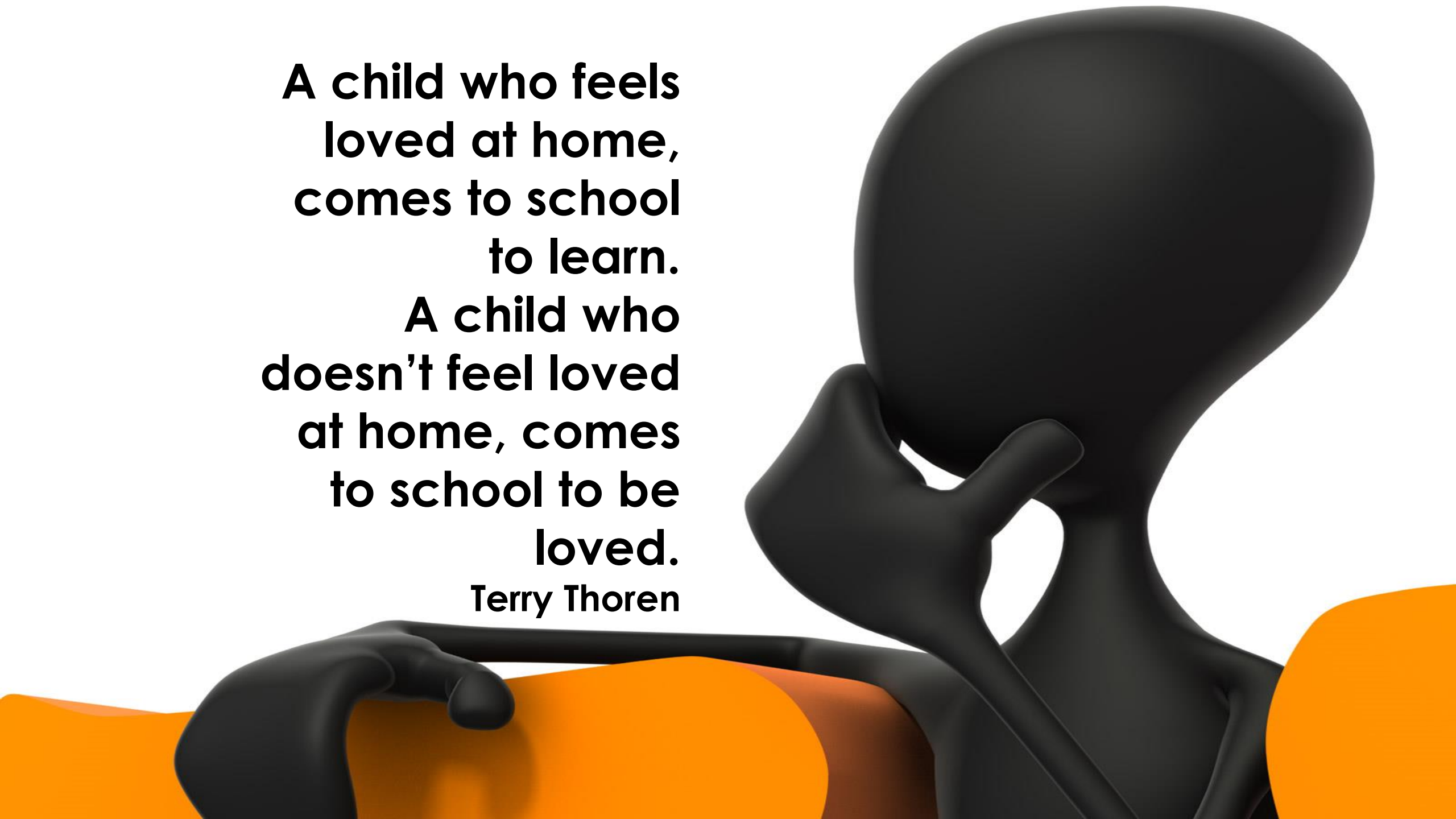




**A child who feels  
loved at home,  
comes to school  
to learn.**

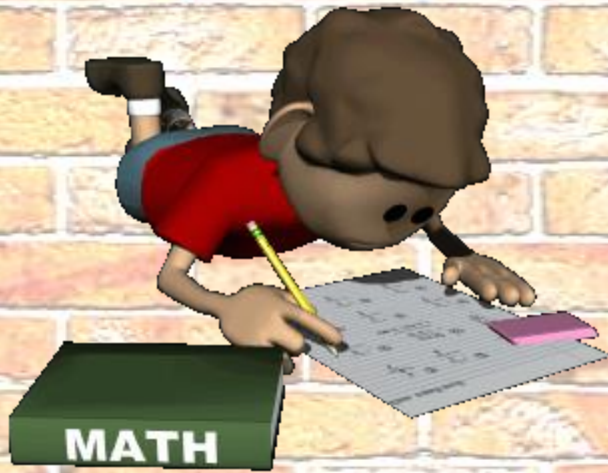
**A child who  
doesn't feel loved  
at home, comes  
to school to be  
loved.**

**Terry Thoren**





*No significant learning occurs in the absence of  
a significant relationship.*



Dr. James Comer



# Kid's Bond to People- Not Programs!



# Key Issues

- ❑ **Trauma**
- ❑ **Loss of enrichment opportunities**
- ❑ **Reduced access to educational resources**





- **Abuse**
  - Emotional
  - Physical
  - Sexual
- **Household Challenges**
  - Mother treated violently
  - Household substance abuse
  - Mental illness
  - Separation/Divorce
  - Criminal member
- **Neglect**
  - Emotional
  - Physical



# ACE Categories



# Trauma Informed Teaching Practices

1. Expect Unexpected Responses
2. Employ Thoughtful Interactions
3. Be Specific About Relationship Building
4. Promote Predictability and Consistency
5. Teach Strategies to "Change the Channel"
6. Give Supportive Feedback to Reduce  
Negative Thinking
7. Create Islands of Competence
8. Limit Exclusionary Practices

## Foster a Feeling of Safety

# The Power Of Play

- Intellectual and physical play confers a host of cognitive, social, emotional and health benefits.
- Play is the learning language of children.
- Play should be an integral component of school engagement.
- Success of children is based on their ability to be creative and to apply the lessons learned from playing.

**Play can mitigate stress.**





# **GENERAL PROGRAM PROCEDURES & OPERATIONS**

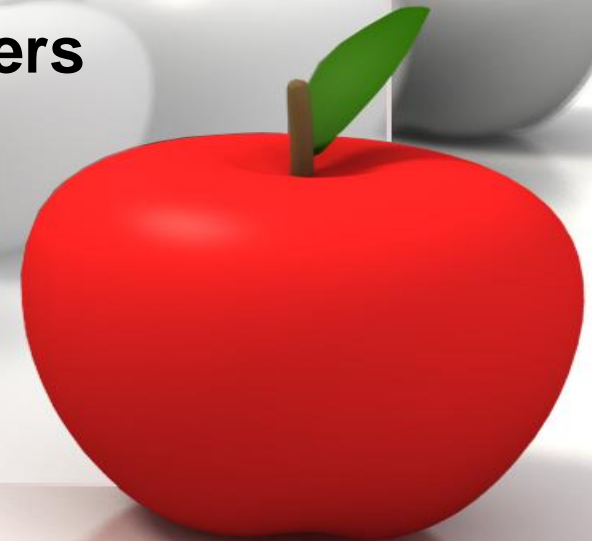
- Signing In / Out Students / Parent Communication
- Stable Groups
- Staff to Student Ratios
- Backpacks & Homework
- Restrooms
- Personal Hygiene: Hand Washing / Don't touch face
- Sneezing / Coughing
- Sanitizing - Clorox 360 / Wipes
- Water Fountains / Water bottles
- Snack & Meals: Bring own snacks & lunch – emergency food, pre-packaged: Take Trash Home
- Stable Play Areas
- Moving groups from place to place



# **ACTIVITY IMPLEMENTATION:**

- **Goals**
- **Adaptability – steps to socially distance your activities**
- **Spacing / Play zones / Stable groups**
- **Keeping distance in activities**
- **Group Management: Attention Getters / Focusers**
- **Specific group refocusing for specific activity**
- **Activities, Games and Sports**

**What if your activity doesn't work???**

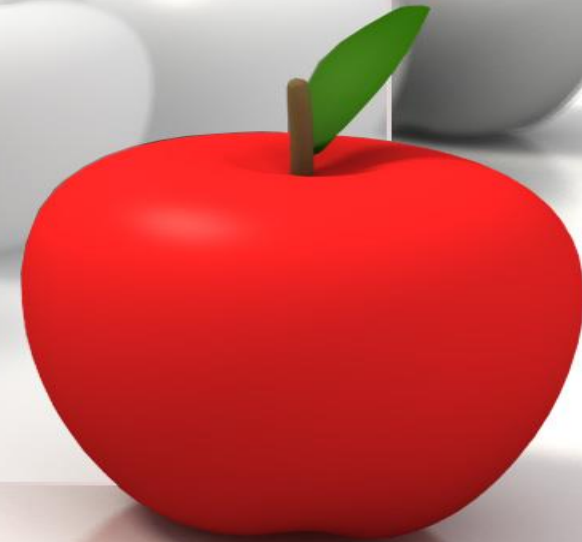


# **POSITIVE BEHAVIOR MANAGEMENT**

Dealing with the distance without isolation.

- 6' Rule Enforcement
- Emotion Check-ins
- Conflict Resolution
- Positive Affirmations / Good Jobs
- Greetings & goodbyes

**Kinder Reminders**





# The Art of Wearing a Mask

<http://youtu.be/x-COgSSg6Bg>

<https://www.boredteachers.com/humor/teachers-predict-hilarious-thingsmasks-required-in-school>



# General Rules

1. Keep your distance.
2. Use your own stuff.
3. Sanitize quickly.





# Post COVID 19 Classrooms





# Post COVID 19 Classrooms



**THE IRISH TIMES**

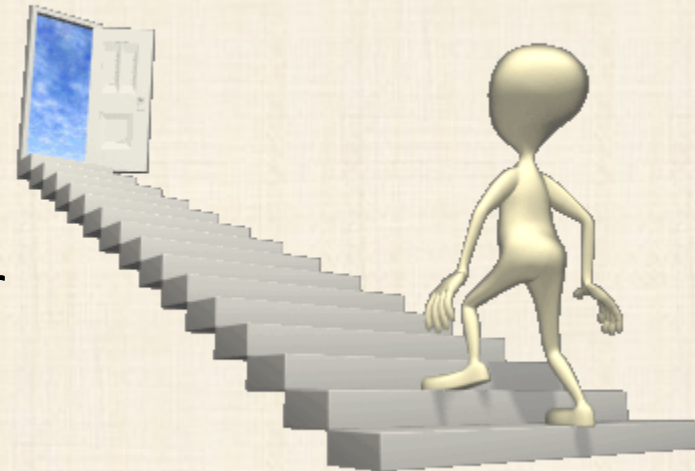


# Post COVID 19 Classrooms



# Strategies for Taking in the Good

1. Appreciate the little things.
2. Find good times for good experiences.  
(take a walk, meals, read a book, etc.)
3. Do it your way. (Gratitude is expressed differently.)
4. Enjoy it. (Be in the moment, present.)
5. Being for yourself. (Not against others or for others. "Own Worst Enemy")  
"The more that others didn't stick up for you, the more you must stick up for yourself." Hanson
6. Make it a "habit".







**Lead with Love.**

**Act with Courage.**

**Live without Regret.**

**Kendra Jaques**

**Kids Kan Inc.**

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